stephanies®

TREATMENT MENU

Discover our spa rituals and treatments and dream up your ultimate Stephanies® experience. Each ritual is lovingly curated by spa founder, Stephanie Shepherd. Combining *bespoke sensory mediums with intuitive, soul-centered touch*, Stephanies® creates the ultimate immersive experience, nourishing mind, body, and soul.

SIMPLY CLICK TO DISCOVER MORE.

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Spa Philosophy

At Stephanies® our commitment to unsurpassed guest experiences and bespoke spa therapies has earned us global recognition for excellence and service.

Passionate about spa life, our philosophy is simple:

"Embrace new technologies, respect ancient rituals, step away from the ordinary and create breathtaking spa journeys combining authentic and thoughtfully curated skincare"

We provide beautiful destinations for our guests, so that each visit to a Stephanies® spa creates connection with heart and delivers a spa experience that restores mindfulness and wellbeing.



Facial Therapy

Your skin can be healthy, balanced, and beautiful at any age. At Stephanies® our facial therapy treatments offer a profoundly relaxing and sensorial experience with remarkable results. Each facial therapy treatment begins with a personal consultation and an in-depth analysis of your unique skin type, to ensure that your facial experience, skin goals and skin recommendations are tailored to your precise needs.

Refresher Facial

40 MINS $135 MIDWEEK · $145 WEEKEND

Double Cleanse · Exfoliation · Steam · Customised Mask · Scalp Massage

Pushed for time? This quick skin refresher will leave your skin looking clean, hydrated, and luminous.

Signature Facial

60 MINS $180 MIDWEEK · $195 WEEKEND

Double Cleanse · Exfoliation · Steam · Facial Massage · Customised Mask · Scalp Massage · Hand or Foot Massage

A facial treatment designed to instantly brighten and nourish the complexion, providing protection from environmental damage and the visible signs of aging.

High Performance Facial

60 MINS $200 MIDWEEK · $220 WEEKEND

90 MINS $230 MIDWEEK · $250 WEEKEND

Welcome Ritual · Double Cleanse · Exfoliation · Steam · Facial Massage · Specialised Serum & Mask · Scalp Massage · Hand or Foot Massage

This high performing treatment firms, repairs and nourishes the skin to address your specific skin goals and support the visible signs of ageing. Botanical actives deliver results helping to replenish natural nutrients, restore cellular activity, and improve overall skins health. Skin is immediately rejuvenated and luminous. Please note: 90 Minute High Performance Facial includes an extended face, back and décolletage massage and a hand and foot massage.

Skin Consultation with LED

20 MINS $65

Needing advice? Our Stephanies® team will provide you with one-on-one personalised skin coaching so you can learn more about your unique skin profile. Consultations are 20 minutes and cost $60, which is redeemable against retail products on the day of your appointment.

DISCOVER MORE

Targeted Facials

Exceptional results are realised with a course of three to six treatments.

LED Express Self-Guided Light Therapy

20 MINS $60

LED Light Therapy Only

Reduce and eliminate fine lines while maintaining your skin's youthful glow with our LED light therapy. This calming and healing treatment promotes collagen production and encourages cell renewal, leaving your skin hydrated and rejuvenated. As a self-guided experience, you can enjoy the benefits of LED therapy at your own pace, focusing solely on revitalising your skin in this perfect express session. Designed to refresh and regenerate, it's an ideal way to nurture your complexion with ease and convenience.

LED Light Therapy with Scalp Massage

20 MINS $95 MIDWEEK · $100 WEEKEND

LED Light Therapy · Scalp Massage

Revitalise your skin and relax your mind with our LED light therapy and soothing scalp massage. Designed to reduce fine lines and maintain a youthful glow, this calming, self-guided treatment promotes collagen production and stimulates cell renewal, leaving your skin deeply hydrated and refreshed. While the LED works its magic, unwind further with a gentle scalp massage, easing tension and enhancing your overall sense of relaxation. It's the perfect express treatment to rejuvenate your skin and soothe your senses, leaving you feeling balanced, radiant, and completely refreshed.

Microdermabrasion

40 MINS $145 MIDWEEK · $155 WEEKEND

Double Cleanse · Microdermabrasion · Nourishing Mask · Finishing Cream & SPF

A non-invasive treatment which stimulates the healthy flow of cellular turnover, refreshing the skins surface to maintain a strong and clear complexion encouraging the skin to perform its function as an effective barrier against the environment elements.

Microdermabrasion with LED - 50 MINS $175 MIDWEEK · $185 WEEKEND

Microdermabrasion with Oxygen - 50 MINS $175 MIDWEEK · $185 WEEKEND

Oxygen Rejuvenation Facial

60 MINS $190 MIDWEEK · $200 WEEKEND

Double Cleanse · Exfoliation · Relaxing Scalp Massage · Oxygen Therapy · Finishing Cream

Nature's most powerful healing element, Oxygen has been used on various skin conditions by the medical industry for many years. Medical grade Oxygen vitamin-enriched serum is infused into the skin. These ingredients visibly firm and plump the skin after just one treatment.

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Medi Facials

Exceptional results are realised with a course of three to six treatments.

SYNERGIE Professional Peel

30 MINS $145 MIDWEEK · $155 WEEKEND

The Synergie Professional Peel treatments are designed to reduce the appearance of irregularities on the skin's surface and reveal a smoother, revitalised texture by regenerating and resurfacing the skin. These treatments remove the top layers of the skin, help to stimulate collagen remodelling, reduce tonal discolouration, improve skin texture and hydration, reduce congestion and improve the overall appearance of the skin.

Signature Medi Facial

60 MINS $195 MIDWEEK · $205 WEEKEND

Synergie Professional Medi Facials are clinical-strength facial treatments to rejuvenate, strengthen and treat the skin. Whether you are in need of a hydration boost, sun-damage control, or pigment correction, we will be able to customise a treatment to suit your individual needs.

DISCOVER MORE



Signature Spa Rituals

Revitalise both body and mind. Synonymous for fusing bespoke rituals and time honoured traditions, retreat with our Signature spa therapies that embody the essence of Stephanies® Awaken the senses.

Sacred Energy

90 MINS $215 MIDWEEK · $235 WEEKEND

Rose Petal Foot Immersion and Exfoliation · Back Therapy & Herbal Poultices · Foot Reflexology · Indian Head, Neck & Facial Massage

Ayurvedic inspired traditions and modern spa customs fuse together to create this ancient ritual. Ease tension and relieve tired muscles with the warm gentle pressure of herbal poultices as they are rolled and kneaded across the back in a signature back therapy ritual.

Conclude your spa journey with a Ayurvedic head, neck and facial massage and awaken from this multi sensorial journey with balance to the physical, mental, and spiritual self.

Nurture & Nourish

90 MINS $215 MIDWEEK · $235 WEEKEND

Rose Petal Foot Immersion · 60 Minute Heated Stone Massage · 30 Minute Facial

Escape into serenity with a restorative journey designed to melt away tension and rejuvenate your skin. Using soothing warmth from the hot stones and expert touch, this ritual delivers deep relaxation while revitalising both body and mind. You will emerge with a radiant glow, feeling deeply nurtured, balanced, and restored to your natural state of calm. A perfect blend of relaxation and rejuvenation awaits you.

Signature Skin Treatment

100 MINS $240 MIDWEEK · $255 WEEKEND

Rose Petal Foot Immersion and Exfoliation · Heated Stone Back Massage · Signature Facial

Rebalance as the ancient healing benefits of warm basalt stones melt away tension from the back and neck, before botanical actives deliver results in a Signature Facial, hydrating and revitalising your skin.

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Spa Retreats

Signature Spa Rituals at Stephanies® include Stephanies® Signature Tea, seasonal sorbet or locally sourced chocolate, served in the tranquillity lounge following your spa journey.

Spa Fusion

2 HOURS $330 MIDWEEK · $345 WEEKEND

Rose Petal Foot Immersion · 60 Minute Wellness Massage & Back Exfoliation · Head Massage & Signature Facial

A deeply relaxing journey where your feet are introduced to a rose petal foot immersion before emerging with a renewed sense of wellbeing.

Spa Elements

2.5 HOURS $400 MIDWEEK · $415 WEEKEND

Rose Petal Foot Immersion · Organic Body Exfoliation · 60 Minute Wellness Massage · Signature Facial

Indulge in the ultimate rejuvenation. Designed to nourish and restore your skin's natural radiance, you will be left feeling refreshed and revitalised, with a renewed sense of calm and balance.

Spa Collection

3 HOURS $440 MIDWEEK · $455 WEEKEND

Rose Petal Foot Immersion · 60 Minute Heated Stone Massage · 60 Minute High Performance Facial · Essential Pedicure · Scalp Elixir

Indulge in brighter, more radiant skin and a calmer, more grounded sense of wellbeing in this indulgent spa ritual.

Spa Indulgence

4 HOURS $595 MIDWEEK · $610 WEEKEND

Rose Petal Foot Immersion · Skin Brushing · Organic Back Exfoliation · Nourishing Body Wrap · Scalp Massage · Hot Stone Massage · Signature Facial · Essential Pedicure

Embark on a truly transformative journey of mindfulness and wellbeing. Enliven your senses and reconnect both mind and body. Tired muscles are soothed, and a sense of physical and emotional wellbeing are bestowed as your therapist intuitively performs a full body massage.

Botanical actives deliver bespoke results in a Signature Facial, hydrating and revitalising your skin. A divine experience to share unaccompanied or with a spa partner and an irresistible excuse to indulge in total luxury.

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Signature Body Rituals

Deliver positive energy in our sensorial journeys, curated to fortify emotional well-being and enrich the skin. Soul stirring aromatic blends and natures most powerful botanicals deliver you to a place of calm, free from distraction.

Organic Body Exfoliation

60 MINS $175 MIDWEEK · $190 WEEKEND

Rose Petal Foot Immersion · Body Brushing · Organic Body Exfoliation · Cream Body Hydration

Experience a soul-stirring sensorial journey that fortifies emotional wellbeing while enriching your skin. Infused with nature's most powerful botanicals, this treatment gently polishes away impurities, delivering positive energy and a sense of calm. Let the soothing aromatic blends transport you to a place of pure relaxation, leaving your skin smooth, hydrated, and rejuvenated.

Aromatic Revival Ritual

90 MINS $230 MIDWEEK · $245 WEEKEND

Botanical Foot Immersion · Organic Body Exfoliation · 60 Minute Wellness Massage

A ritual body experience to purify, energise and revive body and mind. A deeply exfoliating full body skin treatment redefines tone, texture and hydration with resurfacing botanical actives. Followed by a bespoke wellness massage incorporating warmed aromatic oils, this luxurious treatment will leave your skin completely nourished and restored.



Nourishing Body Wrap

100 MINS $240 MIDWEEK · $255 WEEKEND

Botanical Foot Immersion · Organic Body Exfoliation · Body Wrap · Nourishing Scalp Massage · Cream Body Hydration

Embark on a deeply restorative journey, where your feet are welcomed into the warmth of a botanical foot immersion before a full body exfoliation redefines tone and hydration with resurfacing botanicals. Your body is then enveloped in a luxurious prescriptive wrap, infused with nature's most potent ingredients. Swaddled in warmth, this treatment enhances skin infusion, leaving you feeling completely nourished, renewed, and embraced in tranquility.

Personalise Your Experience

Choose from a selection of beautifully formulated body wrap, each one lovingly curated to address your area of wellness.

HYDRATED & REVITALISED

Australian Botanical Body Wrap

Kaolin Clay, Shea Butter, Avocado Oil, Macadamia Oil, Natural Vitamin E, Essentical Oils of Sandalwood, Rosalina, Tea Tree, Kunzea, Nerolina. Extracts of Kiwi Fruit, Papaya Fruit and Kakadu Plum.

HYDRATION & SOOTHING

Pregnancy safe

Sweet Almond Oil, Apricot Kernel, Shea Butter, Cocoa Butter, Aloe Vera Extract, Balm Mint Extract, Ginkgo Extract, Green Tea Extract, Kakado Plum Extract.

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Wellness Massage

Retreat to wellness with Stephanies® and resist the demands of our modern life; restore peace and harmony to both mind and body. We invite you to rest.

Focus Massage

30 MINS $115 MIDWEEK · $125 WEEKEND

Customised Massage

The perfect express pick me up, designed to calm a busy mind. This targeted relaxation treatment melts away tension in key areas, using soothing techniques to restore balance and re-energise your body. Feel renewed, relaxed, and ready to take on the day with a sense of lightness and clarity.

Wellness Massage Therapy

60 MINS $165 MIDWEEK · $175 WEEKEND

90 MINS $215 MIDWEEK · $225 WEEKEND

Warm Foot Bath · Sensory Journey · Customised Massage

Our nurturing and customised body massages are designed to ease tension and calm the nervous system, whilst restoring energy flow. Using Stephanies® signature massage oil blends, this treatment will restore vitality and wellbeing to mind and body.

Hot Stone Crystal Massage

90 MINS $225 MIDWEEK · $235 WEEKEND

Rose Petal Foot Immersion and Exfoliation · Crystal Chakra Balancing · Heated Stone Massage · Scalp Elixir

Time honoured massage techniques and warm volcanic Basalt stones invite calm and melt away tension. Have your tension eased with a restorative scalp treatment before balancing Chakra crystals, intuitively selected by you, are then placed on the body to restore energy and balance to mind, body and soul.

Ritual for Two

90 MINS $460 MIDWEEK · $480 WEEKEND*

Botanical Foot Immersion · 60 Minute Wellness Massage with Heated Stone Back Massage · Foot Mask · 30 Minute Botanical Foot Balm Massage

Indulge in a luxurious and intimate escape, designed to create unforgettable moments of relaxation and rejuvenation. Nestled in the heart of our serene spa sanctuary, you and a loved one are invited to unwind and melt away as you savour a harmonious blend of soothing massages and aromatic oils. This exclusive experience features a nourishing foot mask and the warmth of hot stones on the back, creating the perfect balance of relaxation and connection. Leave feeling refreshed, deeply connected, and embraced in pure tranquility.

**Pricing based on two people*

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Mother & Baby

These safe, nourishing, and pampering spa rituals by Stephanies® have been carefully crafted, with consultation, to improve relaxation, support sleep and create a sense of wellbeing as your little miracle is blossoming.

Babymoon Massage

60 MINS $165 MIDWEEK • $175 WEEKEND

After first trimester only • Botanical Foot Immersion & Exfoliation • Baby Moon Massage & Scalp Massage

Lie in comfort as our specialised pregnancy pillow topper provides contour and support to our mothers to be. Soothing, nurturing and designed with the needs of our expectant mothers, the babymoon massage will reduce fatigue, assist in balancing hormones, reduce swelling in the hands and feet, and release tension in the lower back, neck and shoulders.

Peaceful Pause

70 MINS $190 MIDWEEK • $200 WEEKEND

After first trimester only • Nurturing Facial • Scalp Massage • Massage of Neck and Decolletage to Shoulders and Arms (Excludes Back) • Soothing Foot Massage

Indulge in a serene escape designed to gently nurture both body and mind. This luxurious experience offers a calming touch, and promotes relaxation. Soothing neck and decolletage massage and a nurturing facial cradle you in tranquility, providing the perfect moment of pause for you and your little one. Emerge feeling deeply restored, beautifully balanced, and utterly at peace. This is your time to breathe, unwind, and simply be.

Rest & Retreat

2 HOURS $330 MIDWEEK • $345 WEEKEND

After first trimester only • Botanical Foot Immersion • Organic Back Exfoliation • Babymoon Massage • Nourishing Facial with Rose Quartz Crystal Facial Massage

Take a moment to fully unwind with this deeply restorative experience, designed to ease away tension and leave you feeling completely refreshed. Gentle, nurturing treatments work in harmony to soothe your body and uplift your spirit, creating a sense of lightness and calm. From the first touch, you will feel wrapped in care, allowing your mind to drift. This is a chance to reconnect with yourself, restoring balance and serenity as you prepare for the beautiful journey ahead. Leave feeling revitalised, nurtured and truly at peace.

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Social Spa

Stephanies® Social Spa is a fun way to connect with your tribe and create a social celebration with friends, family, or colleagues. Put social back into spa with our carefully curated spa experiences or create your very own bespoke ritual from our beautifully crafted spa menu, capturing the unique offerings available to you across our collection of luxury destinations.

The Spa Tribe

70 MINS $200 PP/MIDWEEK · $210 PP/WEEKEND

(MINIMUM OF 4 PEOPLE OR MORE)

Back Massage · Hydration Facial · Scalp Elixir · Glass of Sparkling Wine and Chocolate

The Social Space

90 MINS $235 PP/MIDWEEK · $245 PP/WEEKEND

(MINIMUM OF 4 PEOPLE OR MORE)

Wellness Massage · Hydration Facial · Scalp Elixir · Glass of Sparkling Wine and Chocolate

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Family Friendly Treatments

Delight your little one with a specially curated, age-appropriate spa ritual by Stephanies® Whether as a surprise or dare to be paparazzi ready, our team will dazzle you with a little pampering.

Must be between the ages of 4 to 16 years and accompanied by an adult.

Little Luxe

40 MINS $125 PP/MIDWEEK · $135 PP/WEEKEND

Milk Bath Foot Immersion · Petite Pedi & Polish · Little Luxe Facial · Lip Gloss · Refreshment & Chocolate · Fun included

Little Retreaters

60 MINS $165 PP/MIDWEEK · $175 PP/WEEKEND

Milk Bath Foot Immersion · Petite Pedicure & Polish · Foot Massage · Little Retreaters Facial · Scalp Massage · Lip Gloss · Refreshment & Chocolate · Fun included

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Hands & Feet Therapies

At Stephanies® we offer bespoke manicures and pedicures, which are available for exclusive parties, private soirées with friends, a girls' day out or bridal gatherings, for up to five people. We have created, with you in mind, superbly appointed treatment lounges for the ultimate in relaxation and luxury.

Signature Spa Pedicure

90 MINS $170 MIDWEEK · $180 WEEKEND

Rose Petal Foot Immersion · Signature Head Massage · Foot & Leg Exfoliation · Heated Stones · Warming Paraffin Hydration · Professional Polish

Designed to entice the senses; your feet are introduced to the warmth of the rose petal foot immersion before the feet and lower legs are invigorated with an organic exfoliation ritual. Our pedicure, with essential grooming and gentle buffing, restores nails to their natural beauty, revealing health and shine. The pedicure includes a warming paraffin treatment that effectively eliminates tension and dryness, before our bespoke heated stone massage of the feet and soothing scalp massage invite the mind the rest. Specially designed to nourish and energise, this treatment is completed with an application of your preferred polish.

Signature Spa Manicure

60 MINS $130 MIDWEEK · $140 WEEKEND

Rose Petal Hand Immersion & Exfoliation · Bespoke Hand Massage · Warming Paraffin Hydration · Professional Polish

A wonderfully therapeutic hand ritual beginning with a hand and arm immersion and organic exfoliation to reveal fresh supple skin. Created with you in mind, tension drifts away as our aromatic massage balm leaves your hands feeling lovingly hydrated. Let your journey continue with the heat therapy of our paraffin treatment, to lock in moisture, relax the muscles and reduce inflammation before your nails are infused with anti-ageing ingredients formulated to treat and hydrate. Hands become smooth, radiant, and professionally groomed with a polish of your choice.

Sole Healing

30 MINS $115 MIDWEEK · $125 WEEKEND

Botanical Foot Immersion & Exfoliation · Stimulating Acupressure Massage

An energising foot massage, incorporating acupressure and reflexology points, deliver a truly holistic experience.

ESSENTIAL PEDICURE	**60 MINS**	**$125 MIDWEEK I $135 WEEKEND**
SHELLAC REMOVAL	**20 MINS**	**$40**

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Beauty Therapies

Brow Bar Couture

40 MINS $90 MIDWEEK · $100 WEEKEND

Brow Sculpt · Eyelash Tint · Eyebrow Tint · Hydrating Eye Treatment

We specialise in creating beautiful eyebrows to bring out your natural beauty and individual features. We take the time to assess your face shape, check the balance of brows and advise on shape and colour. Our eyebrow specialists can also teach you the tricks of the trade to maintaining your beautiful eyebrows between sculpting.

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Essential Waxing & Tinting

Available in all Stephanies® Luxury Spa destinations.

FEMALE GROOMING

Eyelash Tint	$37
Eyebrow Tint	$27
Eyebrow Tidy	$32
Eyebrow Sculpting	$55
Lip Wax	$22
Chin Wax	$22
Stomach Wax	$17
Underarm Wax	$32
Bikini Wax	$37
G-String Wax	$52
Full Brazilian	$85
Half Leg Wax	$53
Full Leg Wax	$78
Arm & Hand Wax	$48

MALE GROOMING

Brow Tidy	$32
Nose Wax	$22
Neck & Shoulder Wax	$48
Arm & Hand Wax	$52
Chest & Stomach Wax	$72
Full Back & Shoulders Wax	$78
Full Leg & Speedo	$98.

Combine any two Essential Waxing & Tinting services or more and

RECEIVE 10% OFF

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SYNERGIE SKIN Membership

$895 • VALUED AT $1230

Transform your skin and elevate your skincare routine with the Synergie Skin Membership. Designed to deliver real results using the latest in cosmeceutical technology, our membership combines renowned Synergie Skin treatments with luxurious bonuses to rejuvenate your complexion, leaving you looking and feeling your absolute best.

Membership Includes:

4x SYNERGIE Professional Peels

30 MINS EACH • VALUED AT $560

Professional peels are designed to accelerate results and fast track improvement in the tone and texture of your skin leaving you with healthy glowing skin.

2x SYNERGIE Signature Medifacials

60 MINS EACH • VALUED AT $380

Incorporates professional grade formulas to deliver visible and immediate results that will leave your skin radiant and glowing.

FREE Bonus Inclusions:

Complimentary Skin Consultation

VALUED AT $65

One of our qualified Stephanies skin therapists will guide you with a personlaised treatment plan and advise on the pre and post-care products to address your individual concerns and skincare goals.

$50 Synergie Retail Voucher

Kick-start your journey with Synergies scientifically backed skincare range here at Stephanies.

FREE GIFT - SYNERGIE Ultimate Anti-Ageing Kit

VALUED AT $151

The perfect starter set for beginners or travel-friendly sizes for seasoned skincare lovers.

UltraCleanse 30mL - Purify your skin with a gentle, powerful cleansing gel.

Ultimate A 10mL - Boost skin renewal with this potent Vitamin A serum.

Vitamin B 10mL – Hydrate and nourish with essential niacinamide.

SuperSerum+ 10mL – Restore youth with this all-in-one serum.

Effica C 10mL – Protect your skin with powerful Vitamin C.

Reclaim 10mL – Combat signs of aging with this luxurious moisturizer.

SHOP NOW



Crystal Spa Memberships

Invest in yourself with a Stephanies® Crystal Membership.

The key to beautiful skin and optimal health and wellbeing is consistency. Stephanies® Crystal Memberships allow you to indulge in regular skin treatments, spa rituals and essential beauty to target your concerns, enhance your skin goals, and enjoy a better self, all year-round. Investing in a Stephanies® Crystal Membership places you at the centre of your very own, fully customised self-care and curated beauty program. Unleash your natural beauty and get lasting confidence; nurture the soul and emerge with beautiful, glowing skin and a stronger, healthier you!

STEPHANIES® CRYSTAL MEMBERSHIPS BENEFITS

FREE Stephanies® Spa Gift Card

FREE welcome gift upon joining

Priority bookings & delivery on online orders

No membership joining fee, the entire Membership you pay is redeemable on treatments

Use your membership at any of our destinations

Amethyst Spa Membership only - 10% discount in our spa boutique on Skincare

Refer to our website for membership terms and conditions.

SHOP NOW



"The key to beautiful skin and optimal health and wellbeing is *consistency*."

Stephanie Shepherd

Rose Quartz
SPA MEMBERSHIP

PACKAGE PRICE $1000
TOTAL VALUE $1135
ENJOY $1000 of spa treatments
FREE 1 x $75 Stephanies® Spa Gift Card
FREE welcome gift upon joining

Aquamarine
SPA MEMBERSHIP

PACKAGE PRICE $2000
TOTAL VALUE $2335
ENJOY $2000 of spa treatments
FREE 3 x $75 Stephanies® Spa Gift Card
FREE welcome gift upon joining

Amethyst
SPA MEMBERSHIP

PACKAGE PRICE $3000
TOTAL VALUE $3560
ENJOY $3000 of spa treatments
FREE 3 x $150 Stephanies® Spa Gift Card
FREE welcome gift upon joining
10% discount in our spa boutique on Skincare

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Curated Spa Experiences

SET IN A SPACE OF ICONIC BEAUTY

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In 1994 it began as a modest two-room beauty salon in Camp Hill and has evolved into a portfolio of highly regarded luxury spas across South East Queensland known as Stephanies® Luxury Spas. Stephanie had a vision and desire to *combine beauty therapies with peaceful spaces of harmony and balance*. She dreamt of creating more than a small beauty salon.

Stephanie wanted to design and build *bespoke day spas where people could cocoon themselves from the outside world*. Even if her spa guests were only visiting for a short time, she wanted them to feel like they had entered another world when they stepped through the spa doors.

Click to *discover* our spa destinations below.

CLEVELAND

STEPHANIES GIFT SHOP

BRISBANE CENTRAL

CLEAR MOUNTAIN

NOOSA

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Exclusive to Stephanies® Vintage Spa

200 Middle Street, Cleveland

Tucked away in Cleveland's coastal community, this historical landmark pairs European elegance with a Hamptons restoration. Reimagined in 2007, these timeless Queensland cottages were built in 1852 and span over three spacious levels, overlooking an immaculate French provincial courtyard. The show-stopping interiors delight the senses with French chandeliers, stone fountain, cosy fireplaces, and verandah relaxation spaces.

With eight individual treatment suites, an infrared sauna, and a luxury Manicure and Pedicure lounge, Stephanies® Vintage Spa is the perfect destination for both wellness retreats and quick essential beauty needs.

Reservations

07 3488 0300

reception.svs@stephanies.com.au
@stephaniesluxuryspas

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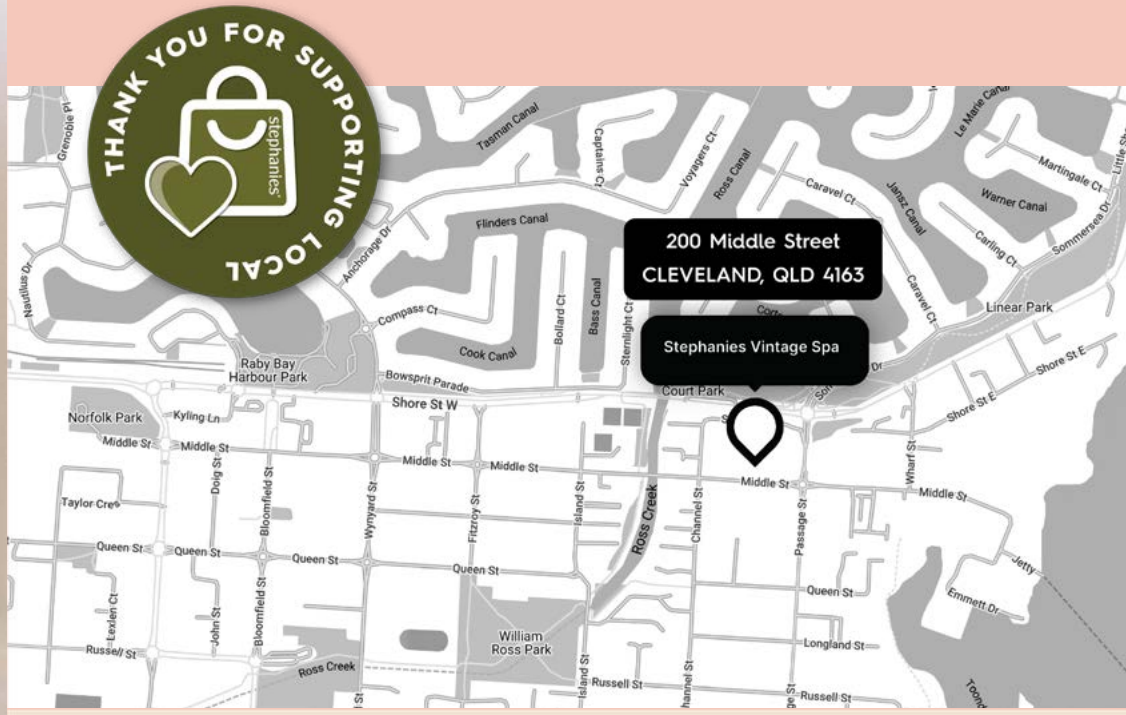
Stephanies® Gift Shop

200 Middle Street Cleveland

Stephanies® Signature Spa Shop combines old-world charm with a touch of modern decadence and European style. Spend some time with us and feel inspired...

Combining lifestyle and wellness to create a beautifully unique shopping experience, with a bespoke collection of homeware and gifts that inspire. Our carefully selected sensory spa collections, curated beauty and home fragrance provide the ultimate gift for happiness and home.

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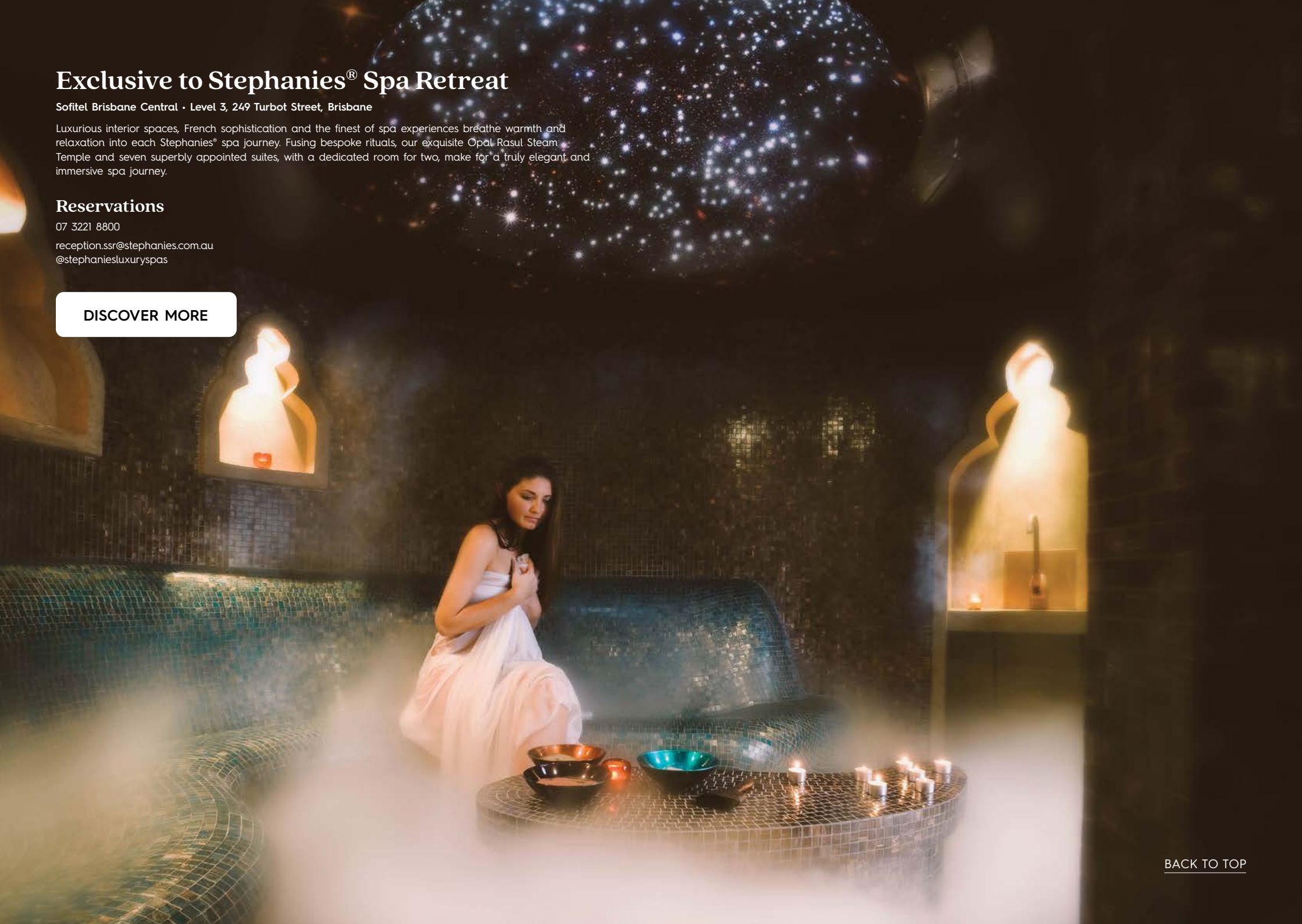


FREE SHIPPING OVER $120

FREE GIFT WRAPPING

AFTERPAY IN-SPA ONLY

AUSTRALIAN OWNED & OPERATED



Exclusive to Stephanies® Spa Retreat

Sofitel Brisbane Central • Level 3, 249 Turbot Street, Brisbane

Luxurious interior spaces, French sophistication and the finest of spa experiences breathe warmth and relaxation into each Stephanies® spa journey. Fusing bespoke rituals, our exquisite Opal Rasul Steam Temple and seven superbly appointed suites, with a dedicated room for two, make for a truly elegant and immersive spa journey.

Reservations

07 3221 8800

reception.ssr@stephanies.com.au
@stephaniesluxuryspas

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Hydro Wellness Therapies

Opal Rasul Steam Temple

Guided Exfoliation & Mud Mask Therapy • Detoxifying Steam • Rain Shower • Hydration

An ancient wellness journey which melds the power of exfoliation, purifying mineral rich mud masks and steam to create an immensely popular spa experience for friends to enjoy together.

Surrender yourself to an immersive spa journey to reconnect both body and mind. Your therapist will expertly guide you through invigorating exfoliation techniques, to buff away dry skin and energise the body, before enveloping your body in our mineral rich face and body masks.

PERFECT FOR UP TO THREE PEOPLE • 60 MINS OPAL RASUL STEAM TEMPLE EXPERIENCE

1 PERSON $160

2 PEOPLE $140 PER PERSON

3 PEOPLE $120 PER PERSON

Sensory Immersion Ritual

2 HOURS $305 MIDWEEK • $320 WEEKEND

Guided Exfoliation & Mud Mask Therapy • Opal Rasul Steam Temple • Rose Petal Foot Immersion 60mins Wellness Massage

Experience individually or with a partner. Surrender yourself to an immersive spa journey to reconnect both body and mind. Your therapist will expertly guide you through invigorating exfoliation techniques, to buff away dry skin and energise the body, before you envelop your body in our mineral rich face and body masks.

Step inside the private Opal Rasul Temple and let the detoxifying warmth of the steam purify the body, whilst you enjoy the ambient lighting that guides you on a peaceful and meditative journey.

Awaken with the cooling mist and rain shower ritual before being joined by your spa therapist who will elevate your spa experience with a nurturing full body massage.

Immersion Bath Therapy

Our Immersion Bath Therapy suite is only available to book in combination with any 60 minute treatment or more.

Prior to your treatment commencing, please select from our bespoke bath therapy menu and immerse yourself in one of our hand blended Stephanies® Botanical Body Soaks to create the ultimate sensorial bathing ritual.

BATH SUITE 30 MINS $70 INDIVIDUAL ONLY

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Exclusive to Stephanies® Mountain Spa

Mercure Clear Mountain Lodge • 564 Clear Mountain Road, Clear Mountain

Enter through the elemental lodge gates and the solitude and serenity await. Unparalleled views of the Australian landscape allow you to connect with self in nature for a truly immersive spa journey.

With six dedicated treatment suites, a private Hydrotherapy Bath and couple's suite, a triple treatment space, and the Grand Bordeaux suite with private lounge and stone bath, our Mountain Spa experience is a cosy nook that nurtures both body and mind.

Reservations

07 3298 6622

reception.sms@stephanies.com.au
@stephaniesluxuryspas

Hydro Wellness Therapies

Steam Therapy Lounge

The perfect prelude to any of Stephanies® Spa Rituals.

This private, self-administered steam lounge experience has been architecturally designed to take you on a hedonistic escape. During your steam lounge session, exfoliate and purify the skin with a rejuvenating botanical body polish; to be enjoyed with the Hydro Swiss shower ~ uniquely designed with multiple massaging jets to invigorate and revive. Follow with a self-application of nourishing rich clays specifically for the face and body to support purification and detoxification. Retreat in the comfort and privacy of the steam lounge enjoy the cleansing breath of steam.

1 PERSON	**60 MINS**	**$110**
2 PEOPLE	**60 MINS**	**$100 PER PERSON**

Botanical Wellness Ritual

2 HOURS $255 MIDWEEK • $265 WEEKEND

Guided Exfoliation & Mud Mask Therapy • Hydro Swiss Shower • Steam Lounge • 60 Minute Wellness Massage

Experience this self-administered treatment, as you exfoliate and purify the skin with a rejuvenating botanical body polish, then wash away stress and tension in our massaging Hydro Swiss shower. Your skin texture will be redefined and hydrated. A nourishing blend of rich clays masks are then applied to the body and to the face, before retreating in the comfort and privacy of the steam lounge. Further enhance your wellness journey with deeply relaxing 60 minute full body Wellness Massage.

Bordeaux Suite

30 MINS $70 PER PERSON

The Bordeaux bath experience is a classical stone bath designed and inspired by traditional French bathing.

DISCOVER MORE

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Unparalleled views of the Australian landscape allow you to *connect with self* in nature for a truly immersive spa journey.

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Exclusive to Stephanies® Ocean Spa

Peppers Noosa Resort & Villas • Little Hastings Street, Noosa

From the open high ceilings to the warmth of the natural wood finishes and lush botanicals throughout, you'll enjoy that tranquil, "hygge" feeling. The contemporary design of our retreat offers eleven wellness treatment rooms, including two couple suites and a signature triple suite, both encompassing stunning views into the Noosa Biosphere Reserve.

Synonymous for fusing bespoke rituals and water therapy, our Mineral flotation pool and private suite for three, Vichy shower and bathing rituals make for a truly immersive spa journey.

Reservations

07 5473 5353

reception.sos@stephanies.com.au
@stephaniesluxuryspas

Hydro Wellness Therapies

Hydro Vichy Ritual

90 MINS $235 MIDWEEK • $245 WEEKEND

Skin Brushing • Vichy Shower Water Massage • 60 Minute Wellness Massage

Surrender to the warmth of the Vichy rain shower experience. Simulating the feel of floating on water, this relaxing treatment can improve circulation, hydrate the body, reduce stress, and improve the vitality and elasticity of the skin.

Vichy Vitality Ritual

90 MINS $265 MIDWEEK • $275 WEEKEND

Skin Brushing • Organic Body Exfoliation • Vichy Shower Water Massage including Hot Stones • Scalp Elixir • Petite Facial

Hosted in the breathtaking and earthly Vichy suite. Invigorating streams of water therapeutically cascade over weary muscles as your therapist performs relaxing water and hot stone massage to the back, neck and shoulders. The signature Vichy Vitality Ritual also includes an organic body exfoliation, a refreshing petite facial treatment and a nourishing scalp elixir to connect mind, body and spirit.

Mind & Body Ritual

2 HOURS $265 MIDWEEK • $275 WEEKEND

Mineral Floatation Pool • Rose Petal Foot Immersion • 90 Minute Wellness Massage • Head Massage

Surrender to the therapeutic benefits of Mineral Flotation and Massage, designed to nurture, soothe, and enhance your physical, emotional and spiritual wellbeing.

DISCOVER MORE

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Bath and Mineral Floatation Therapies

Our Immersion Bath Therapy suite is only available to book in combination with any 60 minute treatment or more. Prior to your treatment commencing, please select from our bespoke bath therapy menu and immerse yourself in one of our hand blended Stephanies® Botanical Body Soaks to create the ultimate sensorial bathing ritual.

Noosa Biosphere Bath Suite

30 MINS $70 INDIVIDUAL ONLY

Located in one of our twin suites, this natural timber bath experience is a breathtaking design, looking out into Noosa National Park.

Geisha Bath Suite

30 MINS $70 INDIVIDUAL ONLY • $100 COUPLE

Designed for the romantic spa experience, the Geisha Spa Suite offers you a luxuriously appointed private couples retreat. Immerse yourself in the warm, soothing, air injected, hydro massage bath; designed to capture the essence of Noosa's natural surrounds.

Mineral Floatation Colour Therapy

30 MINS

Float your troubles away by experiencing the ultimate in pure relaxation in our warm mineral floatation therapy suite. With your body free of gravity, you will be immersed in the soothing ambience of changing colours and will float effortlessly in nurturing temperatures of 35 degrees. Mineral floatation combined with healing colour therapy will instil a deep meditative state that will relieve stress, body aches and pains.

$70 INDIVIDUAL ONLY

$100 FOR TWO PEOPLE

$130 FOR THREE PEOPLE

Floatation Therapy is the perfect wellness remedy for today's busy and stressful lifestyles. Our mineral floatation colour therapy suite has been custom designed to capture the natural green abundance of the Noosa Biosphere Reserve.

TREATMENT AND MINERAL FLOATATION THERAPY SPA SUITE EXCLUSIVE TO STEPHANIES® OCEAN SPA.

This weightless flotation spa therapy experience can be shared with a group of friends or individually. The suite offers a unique spa experience for those seeking to incorporate indulgent spa fun with health and wellbeing benefits. Let our spa and wellness team guide you on the perfect Stephanies® spa experience today.

DISCOVER MORE

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From the open high ceilings, to the warmth of the natural wood finishes and lush botanicals throughout, you'll enjoy that *tranquil, "hygge" feeling.*

Stephanies® Gift Cards & Instant Gift Cards

Create unforgettable memories with a Stephanies® Spa Gift Card. Stephanies® Spa Gift Cards are redeemable at any of our spa destinations. All Stephanies® Gift Cards have a 3 year expiry from date of purchase. Stephanies® Spa Gift cards purchased for promotional offers are valid to the expiry date, as advertised in the terms and conditions of offer, after this time it reverts to a dollar value which is valid for 3 years.

SHOP NOW



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How to Spa

STEPHANIES® BOOKING POLICY

Cancellations, rescheduling or changing your spa bookings are free of charge if made 24 hours in advance. A credit card number is required at the time of booking to secure your spa appointment. If you fail to show for your appointment without 24 hours notice to Stephanies®, the total treatment cost will be charged to your credit card.

SPA PARTIES & GROUP BOOKINGS

Stephanies Social Spa is a fun way to connect with your tribe and create a social celebration with friends, family or colleagues. Put social back into spa with our carefully curated spa experiences or create your very own bespoke ritual from our beautifully crafted spa menu; capturing the unique offerings available to you across our collection of luxury destinations.

For group bookings of five (5) or more guests, we require a 50% deposit made via credit card or EFT or a gift voucher number to the equivalent value. Deposits are required at least 7 days prior to the booking date.

For group bookings of five (5) or more, we request 7 days notice for cancellations. Less than 7 days notice: 100% deposit or 100% of gift voucher value will be charged. The spa will charge the full cancellation amount for late cancellations or no shows on the day of your appointment

HEALTH & WELLNESS

The wellbeing of our guests and staff is our priority. Please take the time to read our Health & Wellness statement and Stephanies® COVID-19 protocols, that we have implemented across our spa destinations. You can find these at www.stephanies.com.au

SPA ARRIVAL

To enhance your spa experience, we encourage you to arrive 15 minutes prior to your spa treatment time. This will allow time for you to complete your Health and Wellbeing form, change and relax prior to your spa treatment. For social distancing please keep 1.5 metres between other spa guests.

WHAT HAPPENS IF I'M LATE?

Arriving late will limit the length of your spa treatment and unfortunately lessen your time spent with us. Treatments will always conclude as scheduled to therefore not delay and inconvenience our next spa guests.

SPA PARKING

Parking is available at all Stephanies® spa locations, however is subject to availability; special parking conditions may apply, see below.

Stephanies® Vintage Spa Parking is complimentary for all Stephanies® guests in our spa car park beside the gift shop or off street parking.

Stephanies® Urban Spa Parking is complimentary for all Stephanies® guests, parking is behind the spa from the Love Street entry or off street parking is available, please allow time to park on busy Oxford Street.

Stephanies® Spa Retreat Parking is complimentary within Sofitel Brisbane Central with all appointments of three (3) hours in duration or more. Under three (3) hours a subsidised parking fee of $10 will be incurred. The Spa is located on the Pool Terrace Level 3, within the hotel.

Stephanies® Mountain Spa Parking is complimentary for all Stephanies® guests within the designated Mercure Clear Mountain parking areas.

Stephanies® Ocean Spa Parking is complimentary within Pepper Resort and Villas. The Spa is located in the Sunrise Building, Level 2. Daytime entry is via 33a Viewland Drive between 7am - 7pm. Night time entry is between 7pm - 7am, via Hastings Street and 5 Morwong Drive. If you are in Hasting Street, there is a buggie that will take up to the Spa.

MEDICAL CONDITIONS

Please inform spa reservations of any health concerns that you may have when making your booking and when completing your Health and Wellbeing form. This allows us to design a suitable treatment plan for your specific needs. Some spa therapies may be contraindicated due to certain medical conditions or medications you may be taking. You may also be asked to seek prior approval from your health care practitioner before your appointment if you are undergoing medical treatment.

PREGNANCY

Second trimester in your pregnancy is the safest time to enjoy pregnancy specific massages and body therapies. There may be some water therapies that you will not be able to experience throughout your pregnancy. However, you can relax and enjoy some bespoke Facial Therapies along with Hand and Foot Therapies at any time during your pregnancy. Please inform our spa reservations at time of booking regarding your pregnancy. We are happy to recommend our Mother and Baby Therapies or a suitable alternative.

SPA VALUABLES

Treatments are conducted free of jewellery, please leave any valuable items in your hotel room or at home. Lockers are provided in the change rooms.

GENDER PREFERENCE

We have both male and female professional therapists, so if you have a preference, please let us know when you make your reservation.

SPA ATTIRE AND PREPARATION

If having Foot Therapies, please remember to bring open toed shoes to keep your polish fresh and neat. For our male guests, it is recommended you shave prior to any Bespoke Facial Therapies. Our spa footwear is not for you to keep upon completion of your treatment.

AGE LIMITATION

Stephanies® welcomes guests aged 4 to 16 years to enjoy our Family Friendly packages. Parents and guardians are required to join these treatments to share in the spa experience.

SPA ENVIRONMENT

We strive to provide you a relaxing and tranquil environment, so we respectfully request that you switch off mobile phones. Your co-operation in providing a quiet environment is greatly appreciated. Remember this experience is yours. Please let us know if you would like to adjust massage pressure, music volume, lighting levels or temperature at any time during your treatment.

TERMS & CONDITIONS

Stephanies® Luxury Spas reserves the right to amend any prices and treatments at any time.

PUBLIC HOLIDAY SURCHARGE

Public holidays are subject to a 18% surcharge.

CREDIT CARD SURCHARGE

Credit card surcharge will apply.

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Stephanies® Destinations

Stephanies® Ocean Spa
Peppers Noosa Resort & Villas

07 5473 5353

reception.sos@stephanies.com.au

Little Hastings Street
Noosa Heads QLD 4567

@stephaniesluxuryspas

Stephanies® Urban Spa
07 3899 5333

reception.sus@stephanies.com.au

77 Oxford Street
Bulimba QLD 4171

@stephaniesluxuryspas

Stephanies® Spa Retreat
Sofitel Brisbane Central

07 3221 8800

reception.ssr@stephanies.com.au

Level 3, 249 Turbot Street
Brisbane QLD 4001

@stephaniesluxuryspas

Stephanies® Mountain Spa
Mercure Clear Mountain Lodge

07 3298 6622

reception.sms@stephanies.com.au

564 Clear Mountain Road
Clear Mountain QLD 4500

@stephaniesluxuryspas

Stephanies® Vintage Spa
07 3488 0300

reception.svs@stephanies.com.au

200 Middle Street
Cleveland QLD 4163

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Stephanies® Collective
07 3171 2288 or 1300 DAY SPA

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